

Happy Kids on The Run

Saturday, August 14

Lake Sacajawea Park, 8:00am

**Lion's Shelter
17th & Nichols**

First 300 Registrants will each get:

- Race T-Shirt
- Race Running Number
- Sports Water Bottle
- Children's Tooth Brush Packet
- Pre-Registered Finisher's Medal

All Registrants are entered into a

drawing for a

Nintendo Wii

bundle that includes

a Wii Fit.

FREE EVENT!

**Please Pre-Register at Happy Kids Dentistry
1717 Olympia Way Suite 108**

This is a 5K fun run/walk to promote a healthy and active lifestyle for families.

Course will be on lake path.

Registration the Day of the Run Begins at 7am

Kids Dash: Lake too long? Have your kids join a quick run! Starts at 9:30am

Day: Saturday, August 14	Fee: FREE	We will do our best to provide a shirt for all runners but the shirts are based on availability. Please Provide Desired Size: _____	Location: Lake Sacajawea, Lion's Shelter
Participant Name:		Day Phone:	Evening Phone:
Home Address:		City, State:	Zip Code:
Email:			

1. Please notify the department two weeks in advance if the above participant has a disability needing special arrangements, assistance, or any condition which would limit the participant in this activity.
2. The City of Longview and Happy Kids Dentistry do not provide medical or accident insurance coverage and are not responsible for personal articles lost or stolen.
3. I allow photographs taken during Parks & Recreation activities to be used in the promotion of future City programs.
4. I agree to abide by and follow the activity and registration policies and procedures.

5. Assumption of Risk, Waiver and Release

I am fully aware of the fact that there are special dangers and risks inherent in this activity, including, but not limited to, the risk of serious physical injury, death or other harmful consequences that may arise or result directly or indirectly to me from my participation in this activity. Being fully informed as to these risks and in consideration of my being allowed to participate in City sponsored activities, I hereby assume all risk of injury, damage, liability and harm to myself arising from such activities. I also hereby individually and on behalf of my heirs, executors and assigns, release and hold harmless the City of Longview and Happy Kids Dentistry, their officials, employees and agents and waive any right of recovery that I might have to bring a claim or a lawsuit against them for any personal injury, death or other consequences occurring to me arising out of my voluntary participation in this activity, except for the sole negligence of the City of Longview.

I certify that I am the parent or legal guardian of the participant named above, that I have read and understood the foregoing release and that I join the release without reservation, granting full consent and authorization for the above named person to participate in the activity.

Signature of Participant or Parent/Legal Guardian (if participant is under 18)	Printed Name:	Date:
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**Longview
Recreation**
People, Parks & Programs

